

# 8 Ways

TO TURN CAUTION INTO CALCULATED RISK  
WORKBOOK

by **Matthew Ferrara**

Philosopher

Discover more at  
[mferrara.substack.com](https://mferrara.substack.com)  
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An AlwaysInspiring  
guide to succeeding at  
change.



# Intro

## Growth happens at the corner of life and change.



### *Are you ready for the opportunities change will create?*

I'm Matthew Ferrara, philosopher, speaker, photographer and innovator. I've spent my career helping leaders in all walks of life navigate the "twists and turns" of change. Sometimes it's unexpected; other times, it's on purpose.

But every time, turning moments of change into calculated risk requires one thing: **Leadership.**

It starts with leading yourself. Then helping others. And sometimes, leading a whole organization of people. Whatever your motivation, you've already made the most important decision:

### **You've decided to lead.**

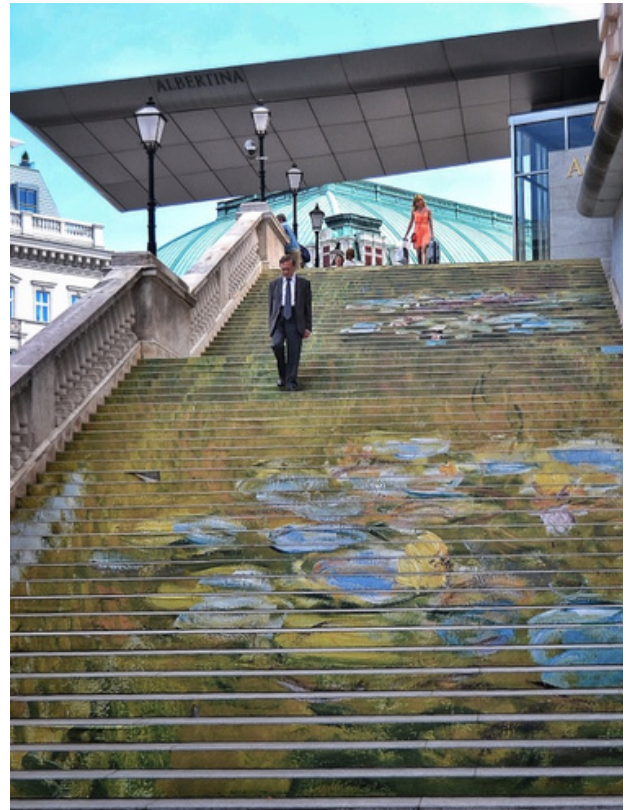
What follows are 8 powerful methods I've shared to help people transform change into opportunity, and discover a journey not filled with cautions, but calculated risks.

Matthew  
Ferrara



# A Different Perspective

Train yourself to see the beauty of the change journey.



## Get in Position

How can you prepare yourself to move quickly when you see the signs of change?

## Take Action to Become

## **Way 1: Take a Stand**

## **Way 2: Make Any Move**

## **Way 3: Show Some Attitude**

## **Way 4: Fight Confusion**

## **Way 5: Look Around**

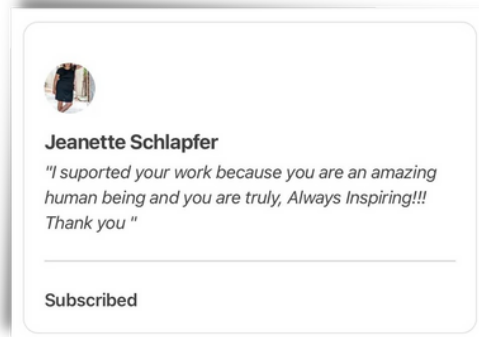
## **Way 6: Change Your Step**

## **Way 7: Learn from Resistance**

## **Way 8: Take Moonshots**

Want more help with growth?

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